

ST. JOSEPH'S LIFECARE CENTRE BRANTFORD

RESIDENT FAMILY NEWSLETTER



A MESSAGE FROM THE ADMINISTRATOR

Cindy Perrodou*Long-term Care Administrator*

It's hard to believe that three months have already gone by since I joined the team. It has been a pleasure getting to know the residents and families. Thank you for the warm and generous welcome.

Strengthening Our Care & Services

We've recently undertaken a review of our organizational structure to ensure we continue delivering safe, high-quality care and services. You may have seen a recent memo outlining some of these changes. These updates are part of our ongoing effort to align with best practices in long-term care, and we're currently recruiting to support this direction.

Recently, we introduced a new Dining Room Protocol. Posted in each dining room, it offers clear guidance and defines team roles to help create a smooth and enjoyable mealtime experience. Your support and feedback are appreciated as we put this into action.

We are also reviewing job routines and our overall staffing plan. This work will provide clearer direction for our staff and help us work more efficiently as a team.

Looking Ahead: June Celebrations

June is National Indigenous History Month and Pride Month. We'll be sharing details about events and learning opportunities across the home and in our communications. We encourage you to participate, whether through attending events or learning something new. We're proud to live and work on the traditional lands of Indigenous Peoples, and this is a special time to reflect and grow together.

June is also Seniors Month – an especially meaningful time for our home, as we honour the incredible individuals who are the heart of this community. The 2025 theme, *Compassion Lives Here*, invites us to reflect on the everyday kindness, connection, and care that make this place feel like home.

Have you seen compassion in action?

Whether it's a kind word, a shared laugh, or a quiet moment of support, we'd love to hear about it. These everyday moments reflect the spirit of compassion.

I'm looking forward to sharing stories and moments that remind us why this month matters and to celebrating the people who make this home what it is.



- Join a June event
- Share a moment of compassion
- Send us your feedback

Mocktails and Memories: A Special Mother's Day

For Mother's Day, residents were treated to refreshing mocktails and invited to reflect on motherhood. Edith summed it up perfectly when asked, "What's the best part of being a mom?" - "Mostly everything." Their responses were full of love, humour, and heartwarming memories, making for a joyful and meaningful celebration of all the incredible moms and mother figures.



Star of the Month

Congratulations to

CLAIRE GACHE, RN



Nominated by Staff Members
Tammy Skillings & Blair Silversmith

Tammy shared:

"Claire is a team player who always lends a helping hand. She is an excellent communicator, and families appreciate her kind demeanor and honesty. Claire is an absolute pleasure to work and collaborate with."

Blair shared:

"Claire is always checking to see if the team needs help or simply asking, 'How are you today?' to everyone. She's never afraid to jump in and lend a hand. Claire shows sensitivity, empathy, and kindness to every person, with a resident-first approach. She is committed to maintaining the highest possible standards at every level of the organization."

Thank you, Claire, for demonstrating St. Joe's values and being a great example for others.

RESIDENT FAMILIES:

You, too, can nominate a deserving individual for Star of the Month.

[Click here to download the nomination form.](#)

Family Council News

You're Invited to Join Your Family Council!

Family Council welcomes all family members and caregivers of St. Joseph's Lifecare Centre residents to join our meetings and activities.

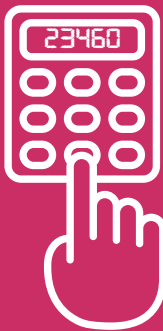
We're a dedicated group focused on supporting the health, happiness, and overall well-being of our loved ones. Our meetings are friendly, informative, and a great way to stay updated on what's happening in our home.

Connect With Us

If you have any questions, suggestions, or need more information, feel free to reach out to us at sjlcfamilycouncil@gmail.com.

Outdoor Access

Did you know that residents and families can enjoy the outdoor patio/gardens on the Ground Floor of the Hummingbird and Magnolia units, near the dining rooms? Access these areas using code **"23460"** on the wall keypad for ground-floor patios, or simply ask a staff member for assistance.



Residents and their families gathered for an afternoon of connection and community in McMillen Hall

Upcoming Council Activities

Thursday, May 22, 1:30 p.m.
McMillen Hall (Level 1)

Educational Session on Dementia: Disease Changes, Communication, and Meaningful Visits

Guest Speaker: Madison Brown, Public Education Coordinator, Alzheimer's Society, Brant, Haldimand Norfolk, Hamilton, Halton.

RSVP is appreciated to prepare information packages. Please reply to sjlcfamilycouncil@gmail.com or call Michelle M. at 519-802-2951.

Sunday, May 25, 1:30 p.m.
McMillen Hall (Level 1)

Resident/Family Social Get-Together - These gatherings offer a great way for residents and families to connect and enjoy time together. Join us for an afternoon of friendship, fun, refreshments, and live music featuring entertainer Jeff Dawdy.

Tuesday, June 17, 1:30 p.m.
Boardroom (Level 4)

Family Council Meeting - The meetings aim to keep families and friends informed and empowered with helpful information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>9:45 Virtual Church Service (M)</div> <div>SHAVOUT BEGINS</div>	<div>2</div> <div>9:45 Spa Morning (M)</div> <div>1:30 Homewide Bingo (M)</div>	<div>3</div> <div>1:30 Bocci Ball Competition (M)</div>	<div>4</div> <div>2:30 Holy Cross Grandpals (M)</div> <div>3:30 Pride Flag Raising (TBC)</div>	<div>5</div> <div>1:30 Sunshine Visits (M)</div>	<div>6</div> <div>10:30 Resident Council Meeting (M)</div> <div>1:30 Spooning sweets with the Clements (M)</div>	<div>7</div>
<div>8</div> <div>9:45 Church Service with Rev Ron Birkett (M)</div>	<div>9</div> <div>1:30 Swatterball Competition (M)</div>	<div>10</div> <div>9:30 FARM DAY (HC)</div>	<div>11</div> <div>10:30 Catholic Mass (M)</div> <div>1:30 Karaoke Party (M)</div>	<div>12</div> <div>9:30 Farm Day Rain Date (HC)</div>	<div>13</div> <div>1:30 Elvis Party (M)</div>	<div>14</div>
<div>15</div> <div>9:45 Church Service with Rev Larry Amiro (M)</div> <div>FATHER'S DAY</div>	<div>16</div> <div>1:30 Dads and Dogs (HC)</div>	<div>17</div> <div>1:30 Casino Games (M)</div>	<div>18</div> <div>10:30 Drumfit (M)</div> <div>1:45 Food Committee Meeting (M)</div>	<div>19</div> <div>1:30 Birthday Party with Andy DeCampos (M)</div> <div>JUNETEENTH</div>	<div>20</div> <div>1:30 Indigenous Appreciation (M)</div> <div>SUMMER BEGINS</div>	<div>21</div>
<div>22</div> <div>9:45 Church Service with Michelle Smedes (M)</div>	<div>23</div> <div>1:30 Mystery Bingo (M)</div>	<div>24</div> <div>Ice Cream Day (TBC)</div>	<div>25</div> <div>10:30 Catholic Mass (M)</div>	<div>26</div> <div>CARNIVAL DAY</div> <div>10:00 Carnival Games (M)</div> <div>1:30 Doug the Great / Lobby Treats (M)</div>	<div>27</div> <div>10:30 Geras Dance (M)</div> <div>1:30 Country Party with Wally Maggs (M)</div>	<div>28</div>
<div>29</div> <div>9:45 Virtual Church Service (M)</div>	<div>30</div> <div>1:30 Canadian Strawberry Social (HC)</div>	<div>JUNE 2025</div> <div>SENIORS MONTH</div>				





FREE TO ATTEND

OPEN TO THE PUBLIC

Vintage

CAR SHOW



Featuring cars from Piston Pushers Car Club

Other Vintage Cars Welcome

THURSDAY JULY 17 | 5-8 P.M.

99 WAYNE GRETZKY PKWY
MAIN PARKING LOT

FREE Parking for attendees

Accessible from Grey Street, back lot of SJLC

BBQ, Vendor Booths, 50/50 Tickets, Raffle Tickets

Come as a spectator or bring your classic car | For info call 519-751-7096, ext 3315

FUNDS RAISED GO TO THE SUPPORT PROGRAMS OF ST. JOSEPH'S LIFECARE CENTRE

SMILES IN FULL BLOOM

Residents and their loved ones have been enjoying beautiful days in the gardens – sharing stories, laughter, and each other's company. These quiet moments outdoors mean so much, and we're glad to see so many smiles blossoming alongside the flowers.



